

# Peaceful Co-Parenting



- More peace
  - Less conflict
- Happier children
  - Less stress
- Better understanding
  - Less chaos



- Trust Yourself as a Parent
- Trust the Other Parent ...  
... to be a  
"good enough" Parent
- Trust Your Child

Ruth R. Rinehart, MA, CCP, combines her experience as a life coach, divorced parent, her mediation and conflict dynamics training, and her years as a paralegal in family law with a lifetime of spiritual seeking. Her common-sense approach is practical and draws on a variety of spiritual traditions. With her warmth, empathy and down-to-earth manner, she is uniquely qualified to help parents "stuck" in post-divorce conflict.

As simple as this might sound, it is a powerful way to step back from the power struggle that so often occurs between divorced parents. Research shows a direct correlation between the levels of parental conflict and the well-being of the child of divorce. You have the best reason to want a more effective co-parenting relationship with your child's other parent.

- Location:  
UU Fellowship of Durango  
419 San Juan Drive, Durango
- Sat. Oct 26th, 10-noon, 2-4pm  
Sun. Oct. 27th, 2-4pm  
child care provided
- Must register for child care by Oct. 19th.

Free for Durango UU members.  
\$100: all others  
720.290.5715 for more info